

A Journey to Peru with CARE

April 6 - 12, 2007



Located on the Pacific Coast, Peru is the third largest country in South America (approximately three times the size of California) and is host to some of the most diverse terrain in Latin America. With western and coastal plains, the rugged Andean mountains, and eastern lowlands with tropical forests belonging to the Amazon basin, Peru's physical beauty is as rich and varied as its history and culture.

CARE began working in Peru in 1970, when the Peruvian government invited CARE to help respond to an earthquake emergency. Since that time, CARE staff in Peru has been dedicated to making significant and sustainable improvements in the lives of project participants, which can continue after CARE's involvement ends. Today, CARE's work benefits more than 1 million of the poorest people in Peru through projects focused on improving food security, agriculture and community development, education, health care and small business development.

This year, the MD-19 Lions have chosen to support CARE by providing business development opportunities to poor people in Peru. On this trip, Lions will have the opportunity see the projects first-hand and to meet some of the project participants whose lives are being improved through the support of the MD-19 Lions. Lions will also have the opportunity to experience many of the cultural marvels of Peru. We hope you'll choose to join us on this exciting journey!

The Itinerary

Sunday, April 6

The trip begins with all Lions participants arriving in Lima by Sunday, April 6th.

Upon arrival, CARE will arrange for you to be transferred from the airport to your hotel in Lima.

Monday, April 7

On Monday, the day begins early as we head to the airport for a short flight to city of Huaraz. This city lies within the Valley of Callejon de Huaylas, which is considered one of the best places in South American to enjoy superb mountain scenery and plenty of outdoor activities. It's also a great place for day walks, exploring villages and lively markets. While in Huaraz, we will be touring CARE's projects in the Ancash region. In this area, CARE has programs which help farmers with crops of oatmeal, artichokes and spinach by giving them tools, training and connecting them with the formal market economy.

Tuesday, April 8

After breakfast, will enjoy another day of visiting interesting CARE project sites in the Ancash region. After a day of meeting many wonderful CARE staff and project participants, we will retire to the hotel. That evening at our hotel, we will enjoy a dance performance of traditional Peruvian culture.

Wednesday, April 9

On Wednesday morning, we will board the plane to journey back to Lima. After lunch at the hotel, we will travel together to visit Promaq and see the Tools for Development project. This is a project which provides valuable income-earning opportunities to project participants. And small entrepreneurs also benefit through access to training and a credit fund which allow them to start their own businesses.

Thursday, April 10

This day begins early as we head to airport for a short flight to Cusco. The city of Cusco (also commonly spelled as Cuzco), is known as the "Archeological Capitol of the Americas" and is home to many incredible cultural sites from the time of the Incas. After we arrive in Cusco, we'll have a couple hours to rest at our hotel before setting-off on the city tour and adjust to the new altitude. The afternoon city tour will take around many of these fascinating sites, including the famous ruins of Sacsayhuaman.

Friday, April 11

It's another early day, as we depart our hotel for the train station for a full day tour of Machu Picchu, the "Lost City of the Incas". It will undoubtedly be an unforgettable experience!



We'll take the train back from Machu Picchu to Cusco in the early afternoon. Our dinner that evening will be the last as a group, and it will be a special time of reflecting upon all that we've experienced together in Peru.

Saturday, April 12

We'll sleep late this morning, before catching a short flight back to Lima. We'll arrive in Lima in the early afternoon. You will have this afternoon free to tour the city of Lima, do some shopping or walking around the city. If time permits, we suggest that you visit the Indian Market in Miraflores. For those travelers who have a late flight back home to the U.S. or Canada, we will arrange for you to have day-use of a hotel room in Lima.

Cost

The estimated cost for this trip is \$1,992.00 US per person. This cost includes 6-nights hotel stay, transportation, translators, and all meals for 5 days with CARE. Also included in the cost are plane tickets within Peru (to Huaraz and Cusco) and cost of the tours within Cusco and Machu Picchu. (Roundtrip airfare from U.S./Canada to Peru is not included.)

This experience is limited to 4-8 people, so please contact Dana Tseng in CARE USA's Seattle office at (206) 464-0787 or at dtseng@care.org to learn more about this unique adventure.

We hope you can join us for this exciting journey!

TO REGISTER:

In order to register for the MD-19 Peru trip, please contact Dana Tseng at CARE USA's Seattle office at (206) 464-0787, or by email: dtseng@care.org to receive a registration form, health information sheet, and waiver. In order to reserve your seat on this excursion, we must receive your completed registration materials and deposit by February 15, 2007.

AIRFARE:

While we can suggest various travel agencies with whom you might work, we have found that due to our travelers' frequent flyer programs and flight preferences it is generally more convenient for the traveler to book their own tickets.

Please do not book your flights until you have completed the registration process so that we may ensure that the trip has not already been filled. Should you have any questions about the process, please contact Dana Tseng.

PLEASE NOTE:

It is very important that you consult with your family physician before deciding to travel to Peru. The places we will be visiting - Huaraz and Cusco - have very high altitudes which are known to cause altitude sickness in many travelers (11,000 ft and 11,600 ft respectively). Please also talk to your physician as soon as possible about important immunizations which you may need. It is also very important that you purchase additional travel health insurance, as Canadian provincial and American state policies do not cover all medical needs when you travel out of your home country.

*Please note that this itinerary is tentative, and is subject to final review, availability of accommodations and other trip logistics.

We are very thankful to you for your interest in experiencing CARE's programs first-hand, and we hope to see you on our expedition.